

MBS CAFE SIGNATURE BREAKFAST MEALS

BREAKFAST SANDWICH \$9.95/PERSON

Served with Sliced Fruit and Breakfast Potatoes
Choose any of the following:

MBS BREAKFAST SANDWICH

Toasted English Muffin, Egg, Aged Cheddar, Bacon

THE PERFORMER

Whole Wheat English Muffin, Egg Whites Wilted Arugula, Bacon,
Turkey Bacon and Melted Provolone

EL BURRITO

Flour Tortilla, Scrambled Eggs, Chicken Sausage,
Melted Aged Cheddar, Red Rose Potatoes, Pico de Gallo

THE CONTINENTAL \$9.95/PERSON

Fresh Squeezed Orange Juice, Sliced Fruit,
Breakfast Pastries, Muffins and Bagels.
Served with Cream Cheese, Assorted Preserves
and Sweet Butter.

SCRAMBLED EGGS WITH FRESH HERBS AND AGED SHARP CHEDDAR \$9.95/PERSON

Served with Sliced Fruit, Breakfast Potatoes,
Bagels and Choice of Applewood Smoked Bacon,
Turkey Bacon, Spicy Chicken Sausage

BAKED FRITTATA WITH SPINACH, CHEDDAR AND APPLEWOOD BACON OR ROASTED VEGETABLES \$9.95/PERSON

Served with Sliced Fruit,
Bagels and your Choice of Apple Bacon,
Turkey Bacon or Chicken Sausage

PANCAKE BREAKFAST \$8.95/PERSON

Choose (1) Kind of Pancake: Plain Buttermilk,
Blueberry, Banana or Strawberry.
Served with Real Maple Syrup, Slice Fruit
and Choice of Applewood Smoked Bacon,
Turkey Bacon or Chicken Sausage

CARAMEL CRÈME BRULÉE FRENCH TOAST \$9.95/PERSON

Served with Sliced Fruit
and Your Choice of Bacon,
Turkey Bacon or Chicken Sausage

BREAKFAST SIDES

A La Carte Breakfast Sides are Priced per Person

SCRAMBLED EGGS \$3.00

BACON \$3.25

CHICKEN BACON \$3.25

CHICKEN SAUSAGE \$3.25

SEASONAL FRUIT SALAD 3.50

BREAKFAST POTATOES \$2.00

ASSORTED BAGELS,
MUFFINS AND PASTRIES \$3.95

BLUEBERRY
OR PLAIN BUTTERMILK PANCAKES
WITH REAL MAPLE SYRUP \$3.95

EGG WHITES ADD \$1.50

BEVERAGES

BOTTLED FLAT
OR SPARKLING WATER \$2.25

SPECIALTY SOFT DRINKS \$2.75

COKE, DIET COKE, SPRITE \$1.75

ICED TEA \$2.50

LEMONADE \$2.50

FRESH SQUEEZED ORANGE
JUICE BY THE BOX \$30.00

Serves 8 to 10

COFFEE OR TEA SERVICE BY THE BOX \$20.00

Serves 8 to 10

THE MBS CAFE

catering menu

ORDERS MUST BE PLACED BY
3PM THE DAY PRIOR TO EVENT

10 Person Minimum Order

\$20 Delivery Charge for Drop-Off Orders Only

For Full-Service Delivery & Pickup, Please Call for Pricing

Equipment & Labor Fee Where Applicable

\$.75 Per Person for Disposable Flatware

CONTACT THE MBS CAFE

1600 Rosecrans Ave., Building 5A, Manhattan Beach, CA 90266

310.727.2788 | Fax: 310.727.2779

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HOT ENTREE MEALS

A La Carte Breakfast Sides are Priced per Person

\$14.95/PERSON

Santa Maria Style Tri Tip with Choice of Sauce

Pulled Country Style BBQ Pork Served with Rolls on the Side

Grilled Chicken Sausage with Grilled Onions and Peppers. Served with Rolls on the side

Chicken Parmesan with Melted Mozzarella and Fresh Tomato Sauce

Chicken Milanese (Fresh Chicken Breast Cutlets) Topped with an Arugula and Roma Tomato Salad

Chicken Tagine Braised with Orange, Fennel and Olives

Chicken or Beef Fajitas Black Beans, Southwestern Rice Pilaf, Flour Tortillas, Salsa, Guacamole and Sour Cream

Chicken, Beef or Tofu Stir Fry In Sweet Chili Sauce with Asian Vegetables

Cuban Marinated Chicken with Citrus Juices, Cilantro Mint and Grilled Sweet Onions

Baked Chicken Cacciatore with Tri-Colored Peppers in San Marzano Tomato Sauce

Roasted Tofu Steaks in Savory Corn Broth with Spinach

Red Thai Curry chicken with Asian Greens and Potatoes with Steamed White Brown Rice

Sesame Orange Glazed Chicken with Sticky Rice

\$16.95/PERSON

Grilled Ancho Rubbed Shrimp or Pacific Salmon Over Charred Corn Relish

Grilled Market Fresh Fish Rubbed with Citrus Zest and Herbs

Grilled Chimichurri Marinated Hangar Steak Over Wilted Spinach

Seared Ahi Tuna over Sambal Stir Fried Napa Cabbage

Poached Salmon over Roasted Artichoke Checca

Korean BBQ Short Ribs Garnished with Stir Fried Shishito Peppers

Sage Rubbed Roasted Pork Loin with Pearl Onion Sauce with Mashed Potatoes

CHOOSE YOUR PASTA

Penne, Bowtie, Spaghetti or Whole Wheat Spaghetti

CHOOSE YOUR SAUCE

Fresh Tomatoes and Basil, Pesto or Parmesan and Cream

SIDES

ALSO AVAILABLE A LA CARTE: S (serves 8-10) \$50.00 M (serves 11-15) \$60.00 L (serves 16-25) \$90.00

Add Chicken to Salad \$2.25/Person

HOT SIDES

Mac and Cheese | Smashed Potatoes | Black Beans
Roasted Green Beans with Toasted Almonds

Southwestern Rice Pilaf | Assorted Grilled Vegetables
Sauteed Assorted Julienne Vegetables

Oven Roasted Carrots | Couscous with Roasted Chickpeas,
Toasted Almonds and Dried Apricots

COLD SIDES

Roasted Corn and Black Bean Salad with
Jicama Tossed in an Ancho Vinaigrette

Pesto Pasta Salad with Penne and Diced Tomatoes
UBC Spicy Cole Slaw | Seasonal Fruit Salad
Rolls and Butter \$12.95/dozen

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Add Chicken to Salad \$2.25/Person

UBC ASIAN SALAD

With Crisp Napa Cabbage, Toasted Almonds, Bean Sprouts, Carrot Strings, Won Ton Strips, Sesame Ginger Dressing

UBC GREEK SALAD

With Romaine and Baby Greens, Cucumber, Tomatoes, Kalamata Olives, Herbed Feta, Lemon Parsley Vinaigrette

UBC CAESAR SALAD

With Romaine Hearts, Garlic Croutons, Parmesan Cheese, Classic Caesar Dressing

KALE AND RED QUINOA SALAD

With Tomatoes, Cucumbers, Mint, Lemon Parsley Dressing

MIXED GREENS

With Cherry Tomatoes and Cucumbers, Served with Balsamic or Ranch Vinaigrette Baby Arugula, Goat Cheese Crumbles, Candied Walnuts, Grilled Sweet Red Onion, Balsamic Vinaigrette

MATCHSTICK GOLDEN AND RED BEETS

With Goat Cheese and Micro Greens Tossed in Reduced Balsamic and Mint

CAPRESE SALAD

With Tomatoes, Bocconcini and Basil Arugula Dressing

CHOPPED CHICKEN “BANH MI” SALAD

With Wasabi Greens, Napa Cabbage, Pickled Daikon, Carrot and Bean Sprouts with Creamy Sriacha Dressing

SHIRAZI SALAD

With Marinated Heirloom Tomatoes, Hot House Cucumbers, Confetti Flowers and Baby Herbs served with Aged Red Wine Vinaigrette

CUSTOM MENUS ALSO AVAILABLE

SANDWICH MEALS

10.95/PERSON:

Assorted Sandwiches, 1 Salad or 1 Side, Dessert

12.95/PERSON:

Assorted Sandwiches, 2 Salads or 2 sides, Dessert

THE UBC TURKEY

Roasted Turkey, Swiss, Tomato, Greenleaf Lettuce and Cole Slaw with Honey Mustard on Brioche Roll

ALBACORE TUNA

Tomato, Greenleaf Lettuce on a Whole Wheat Roll

CAPRESE

Fresh Mozzarella, Roasted Tomato, Basil Leaf, Balsamic Reduction and Olive Oil on a Crisp Baguette

THE MEDITERRANEAN

Capicola, Genoa Salami, Provolone, Roasted Peppers, Arugula, Tomato, and Herbed Vinaigrette on a Baguette

THE CHICKEN

Grilled Chicken Breast, Sharp Cheddar, Tomato, Greenleaf Lettuce and Basil Mayo on a Brioche Roll

CURRY CHICKEN SALAD SANDWICH

Dried Cranberries, Raisins, Country White

SLOW ROASTED BEEF

Greenleaf Lettuce, Tomato, Sharp Cheddar and Horseradish Cream on Ciabatta

BLACK FOREST HAM

Aged Cheddar, Lettuce, Tomato and Whole Grain Mustard Mayo on a Brioche Roll

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